

World Medicine 2018: Level of agreement among various health care stakeholders on collaboration between Community Pharmacist (CP) and General Practitioner (GP) for a Collaborative Medication Therapy Management (CMTM) model for Chronic Diseases (CDs) in Malaysia: A Delphi study - Naeem Mubarak - International Islamic University, Malaysia

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Introduction: Homeless face numerous difficulties well beyond those of everyone as they look for social insurance. They are probably going to be uninsured and have insufficient access to essential consideration and drugs, which prompts abuse of crisis office administrations and spontaneous hospitalizations. Further, destitute people are very helpless against medicine related issues. Temperamental living situations adversely influence their capacity to keep up drug regimens and store medications. Conditions regular in vagrants, for example, substance misuse and emotional well-being issue, are indicators of poor adherence to medicine regimens. Homelessness also has been reported to predict nonadherence to psychotropic, human immunodeficiency virus/acquired immunodeficiency syndrome, and tuberculosis drug regimens. Homeless individuals often obtain health care services in the safety net setting, where many use inter-professional health care teams to provide care. Incorporating pharmacists as members of the health care team is one potential strategy for addressing medication-related problems.

Drug specialists in a joint exertion with other human administrations providers are in an ideal circumstance to redesign medication related outcomes for patients with constant sicknesses. Productive medication expert constant thought models, which are heralds to CMTM, have been accounted for in both system and strolling care settings. Considering these past positive outcomes and our inclusion in CMTM, the coordination of a medication authority in a prosperity net clinical home model is a useful strategy for keeping an eye on remedy related issues. Destitute people regularly have poor access to medicinal services administrations and trouble getting drugs on account of cost. In this manner, that insufficient medication treatment and medicine nonadherence were normal issues isn't unexpected. An extensive drug evaluation can distinguish these issues, and a model, for example, the CMTM/PCMH model portrayed in this report can help settle the issues in a convenient way. Drug adherence likewise was a worry, which authenticates past reports among vagrants. Purposes behind nonadherence should be additionally investigated on the grounds that various elements (e.g., cost, unfriendly impacts, understanding convictions about drug use)

could be patrons. This data would help create quiet focused arrangements that improve drug adherence. The high acknowledgment pace of drug specialist proposals exhibits the interprofessional idea of the CMTM model.

As Pharmacists extend their jobs in persistent focused consideration exercises, manageability of administrations will be a continuous test. The customary charge for-administration installment framework does not encourage pay for drug specialist administrations. In spite of the accessibility of Current Procedural Terminology charging codes for up close and personal drug specialist gave MTM, remuneration has been restricted. The high number of uninsured patients in the wellbeing net setting likewise restrains open doors for remuneration. Appropriation of a standard procedure of care with characterized jobs and obligations of the drug specialist in a PCMH and expected results may speed up this procedure. The American Pharmacists Association/National Association of Chain Drug Stores Foundation MTM system and the Patient-Centered Primary Care Collaborative archive are instruments that can give direction to build up these gauges.

Objective: Current study is the first attempt to build consensus and appraise the level of agreement (or disagreement) among various health care stakeholders on the possibilities of a CMTM model for CDs in Malaysia through Delphi technique.

Method: This Delphi study was led according to the COSRT rules. In view of a precise writing search, an online review was structured on QuestionPro (an online overview instrument). After face and substance legitimacy of the overview, a specialist board was built by welcoming different human services partners in various associations and expert bodies which speak to GPs, CPs and Nurses, across Malaysia. Review had 96 explanations to rate utilizing 5-point Likert scale (emphatically consent to firmly dissent) and 36 positioning proclamations where specialists were solicited to rank in wording from possibility of different parts of the CMTM model. Accord was pre-characterized to be where >85% of the respondents falls in either concur or differ classification for every announcement. Delphi works in a reiterative design in

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adjusts, where toward the finish of each round total reaction (pooled sentiment as percent understanding among board individuals) is introduced to all specialists and requested to reevaluate their reaction in the light of the thinking of different specialists and total reaction, on the off chance that it bids to them. This emphasis proceeds till there is soundness (no adjustment) in the reaction of specialists in two back to back rounds. Reaction rate was 70.73% and 100% for first and second round individually.

Results: The percentages, Median and Interquartile Range (IQR) were calculated on the responses of experts at the end of the first round and it revealed that consensus was achieved on 105 statements and there was conflict over 27 statements. In round-2, 14 statements out of 27 conflicted statements reached the consensus after due considerations of the experts, while, 13 statements failed to stretch up to consensus. No further round was executed, as after round-2 stability in response of experts reached to 100% (Wilcoxon Signed Rank test). The inter-rater agreement was computed in both rounds using Intra-class Correlation Coefficient (ICC) (Two-way mixed model-absolute agreement, $p < 0.017$).

Conclusion: This examination shows a critical degree of understanding among various social insurance experts for a future job of CPs in CMTM model of CDs. For the most part, there is an accord to in any event run a pilot preliminary of this CMTM model in significant urban communities of Malaysia. It additionally features certain blaze focuses where there were contrasts. In any case, study holds significance for approach producers, as the understandings or contradictions communicated in the overview might be used to anticipate and create rules and procedures to establish the framework of a CMTM model for CDs in Malaysia.